

CLASS DESCRIPTIONS- Summer 2022

JUMPING JACKS - 45 minutes. Must be 3 years of age by June 1, 2022.

Creative Movement, based on ballet, with emphasis on rhythm, coordination, memory and large motor skills. Little ones learn social skills and have fun with music and props! Offered once or twice per week in the summer.

PRE-DANCE – Must be age 4 or 5 by June 1, 2022. An introduction to ballet, tap & jazz. They start to learn positions and skills that acquaint them with each style as well as continuing to work on important basic motor skills. Wonderful for boys as well as girls! Offered once or twice per week in the summer.

Elementary Dance 1 (1 ¼ hr.) 1st – 2nd Grade in the fall. New Students Welcome. A combination of ballet, jazz & tap technique and routines in each style of dance. The combo class lets them do it all at a discounted price. Ballet is included in each class because it provides the strong base that all good dancers need! Offered once or twice per week in the summer.

Elementary Dance 2-3 (1 ¼ hr.) 2nd-3rd grade in the fall *with experience*. Expanded technique from Elem 1 class. Offered once or twice per week in the summer.

Introduction to Dance – (1 ½ hrs) entering Grades 4-7 in the fall. No Experience Necessary. Basic exercises and skills for older beginners. 4 Classes in each style of ballet, modern, jazz, tap and hip hop. *Take twice per week to get all styles.*

Intermediate 1-2 Sampler - (2 Hrs.) Grades 4-7 with experience. One day per week for 4 weeks. Classes vary each week with ballet, modern, jazz, Tik Tok Tap and Hip Hop. Day Camp Available in JULY!

Intermediate 3-4 Sampler - (2.5 Hrs.) Grades 6-8 with experience. Take twice per week for all styles, 4 weeks. Classes in ballet, modern, jazz, Tik Tok Tap, Hip Hop and Contemporary. Day Camp Available in JULY!

Advanced Ballet - (1 Hrs.) Current Inter 4 and Advanced students. 4 weeks advanced ballet technique with emphasis on stretching and strengthening. Day Camp Available in JULY!

Pointe/Pre-Pointe - (45 minutes) Instructor permission. Must be enrolled in Advanced Ballet. Class includes exercises for Ballet Pointe work as well as strengthening exercises for those interested in studying pointe later.

Advanced Classes in Modern, Jazz, Tap and Hip Hop - Current Inter 4 and advanced students welcome. Technique, tricks, partnering, progressions and fun combinations!

STRETCH & STRENGTH – Conditioning class for all Intermediate and Advanced students.

Adult Classes — Our adult program is expanding and improving every year!

Adult Ballet – Beginning Level Ballet technique. Great exercise and good for balance, coordination and flexibility.

Sampler - any level (1 hrs) Once per week, alternating classes in Jazz, Hip Hop, Modern & Contemporary

Adult Tap - Progressions in basic steps, time steps and specialty steps. Fun combo!

Tumbling – Basic floor tumbling skills. No apparatus.

Beginner class Grades 1-2-3 any level 45 minutes no experience necessary

Intermediate class Grades 4, and up any level – 1 Hr.

Private and semi-private lessons available.

