

CLASS DESCRIPTIONS

Tiny Tots (Baby Class, 6 weeks sessions)- Aug 23, Oct 25, Feb 7, Apr 5 Creative Movement, activities, dance games and social skills. *Parent participation required.* No additional siblings. Must be age 2 or 3 by Aug 1, 2018.

JUMPING JACKS - Creative Movement class with emphasis on rhythm, coordination, memory and large motor skills. The class is fun, high energy and fast paced to keep little ones attention. They learn social skills of being in a class with teacher and classmates, without mom or dad. Must be 3 years of age by Aug 1, 2018.

PRE-DANCE – Concentrating on basic motor skills but we add an introduction to ballet, tap & jazz. Although we cannot do technique work at this young age, they can start to learn positions and motions that acquaint them with each style. Wonderful for boys as well as girls! Pre Dance 1 must be age 4, Pre-Dance 2 must be age 5, by Aug 1, 2018.

Elementary Dance 1- (1 1/4 hr.), 1st – 3rd Grade, a combination of ballet, jazz & tap technique and routines in each style of dance. The combo class lets them do it all at a discounted price. Ballet is included in each class because it provides the strong base that all good dancers need! They will perform two routines in each show.

Elementary Dance 2/3 – (1 1/2 hr.) 2nd-3rd grade with experience. Expanded technique from Elem 1 class.

Elementary Dance 3/4- (1 1/2 hr) 3rd -4th grade with experience. Expanded technique from Elem 2/3 class.

BALLET – Ballet is the basis of all performing arts dance. It is encouraged, whether this is the dancers primary interest, or not. Ballet improves posture, balance, strength, flexibility and coordination. These skills will enable the child to improve in many other activities such as sports, cheerleading, gymnastics and other dance styles. Please consider ballet as a wonderful base for your child's physical education.

JAZZ – A very popular form of dance because it includes so many varied styles. We try to give students a wide range of choreography that might include Broadway style to hip-hop. We use pop music for warm-ups and many routines. Most of the dance you see on TV is considered *jazz* as well as the dance teams at school. This class will help with coordination and flexibility and would compliment other activities such as poms, cheerleading, tap, and stage musicals.

TAP – Tap dancing is pretty “funky” nowadays!. Although we continue to teach basic steps and technique, we are putting them to new pop music with jazz moves for a more contemporary look. These classes enhance rhythm and coordination. For flexibility, basic jumps and turns, tap students are recommended to also take a jazz or ballet class.

Modern –For Grades 4 & up. No dance experience necessary (Grade 3 with experience) An expressive class in modern dance style. Kids love this free form of movement done to interesting music such as ethnic, folk, percussion, new age, etc. Strengthens upper body, improves balance and coordination.

Advanced Modern- advanced skills in ballet, jazz or modern required. Lots of core work, very physical!

Teen Classes - Jazz, Tap or Ballet, beginning level for older beginners, Ages 10-14

HIP HOP-Grades 4-up Jazz Basics with Hip Hop Choreography & floor work– Age appropriate music and movements. BOYS CLASS or MIXED . Bring a friend for more fun! Beginner, Lower Inter., Inter 1, 2, 3 & Advanced

Adult Jazz, Tap – Our adult program is expanding and improving every year!

Level 1 classes for a great work out but a little easier choreography. Beginners welcome!

Level 2 classes for intermediate /advanced for harder skills and choreography.

Contemporary Choreography to current, slow pop music. Level 1 requires intermediate ballet 3 ability. Level 2 requires advanced dance skills. Adult Class is Inter/Advanced level.

Ballet Pointe – Must be instructor approved and be accompanied by advanced ballet technique class.

Tumbling - Age 5 and Up Beginning, Intermediate and Advanced Levels available. Compliments Dance Class or can be taken alone. Increases strength, core, flexibility and skills. Multiple Class discounts apply.



Private Lessons

Private Lessons are available. They are scheduled per class with your choice of day, time and instructor, as available. They are \$30.00 per 1/2 hour class and are usually used for personal technique instruction, solo/competition choreography or assistance with current routine.

Some members of our staff are also available for dance team choreography i.e. solo, duet, ensemble. We have special rates for these groups. Please inquire.